



Newsletter
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A Big Welcome to Middlemore Clinical Trials, New Zealand

Middlemore Clinical Trials (MMCT) is a charitable trust that manages commercial clinical trials and major grant-funded research studies on behalf of Middlemore Hospital, South Auckland, New Zealand. It is the largest clinical trial site in New Zealand.

Founded in 1947, Middlemore Hospital is the second largest hospital in Auckland, with around 5,000 staff providing treatment to more than 100,000 inpatients and over 450,000 outpatients per year.

“MMCT works with 23 separate hospital departments and partners with global sponsors to attract Phase I to Phase IV interventional clinical trials to Middlemore Hospital and the community it serves.

We are very excited to launch MMCT- ClinTrial Refer App and ensure the ability of our numerous clinicians within the hospital campus to refer potential participants for clinical trials. Such trials offer patients an option other than standard of care, by providing access to novel therapeutics a long time in advance of when they otherwise would be available.

As we run a multitude of trials in many therapeutic areas we believe that the MMCT ClinTrial Refer App will provide clinicians an easy way of knowing what trials are currently recruiting and a simple way to refer suitable patients.”

Dr Edward Watson, CEO Middlemore Clinical Trials



Middlemore Clinical Trials Team

Please join us in welcoming MMCT to the ClinTrial Refer community.

Visit their website www.middlemoretrials.nz to learn more about them and to see the amazing work that they are doing.

What Clinicians are saying about ClinTrial Refer

Dr Jeremy Hudson is the Clinical Director at the North Queensland Skin Centre which is a primary care skin cancer clinic in Townsville, offering screening, diagnosis and management of skin cancers and melanomas. This may range from routine skin checks to management of advanced skin cancers and high risk melanoma patients. He works full time in skin cancer medicine and surgery and has extensive qualifications in the field. He strongly believes that since Townsville has one of the highest rates of skin cancer in the world, his patients deserve access to the best and latest advances in skin cancer medicine, including access to current clinical trials. We recently caught up with Dr Hudson and he spoke about why he uses the ClinTrial Refer app and how it helps him and his patients.

"I deal with a high number of patients with complicated Skin Cancers and when a patients in my room it allows me to do a quick search for relevant trials which could expand the management options. Now days we are making leaps and bounds in



the management of complex melanoma. It's important to be able to find and offer the latest advances to patients. As part of the doctor patient relationship it's good to be able to sit down with a person at the point of care and help them navigate all the options for managing their illness, and you can give them the confidence that you are looking at all the treatment options".

Dr Jeremy Hudson

MBChB, FRACGP, Advanced Certificate Skin Cancer Medicine & Surgery, Advanced Certificate Dermoscopy (Distinction) SCCA

We thank Dr Hudson for sharing his experience with the app. It gives us great satisfaction to know that the app is enhancing the way clinicians practice when it comes to reviewing treatment options for their patients. A full copy of a video interview with Dr Hudson will follow soon. Stay tuned.

If you would like to share your feedback on how and why you use the ClinTrial Refer app please email us at raheela@clintrialreferapp.com. We'd love to hear your feedback.

App News

We are happy to announce that we have standardized the phase names in the app. You can now search and filter trials according to phase.

What are Phases?

Clinical trials proceed through different stages referred to as phases. A drug or treatment must pass through these phases to be approved for safe use in the community.

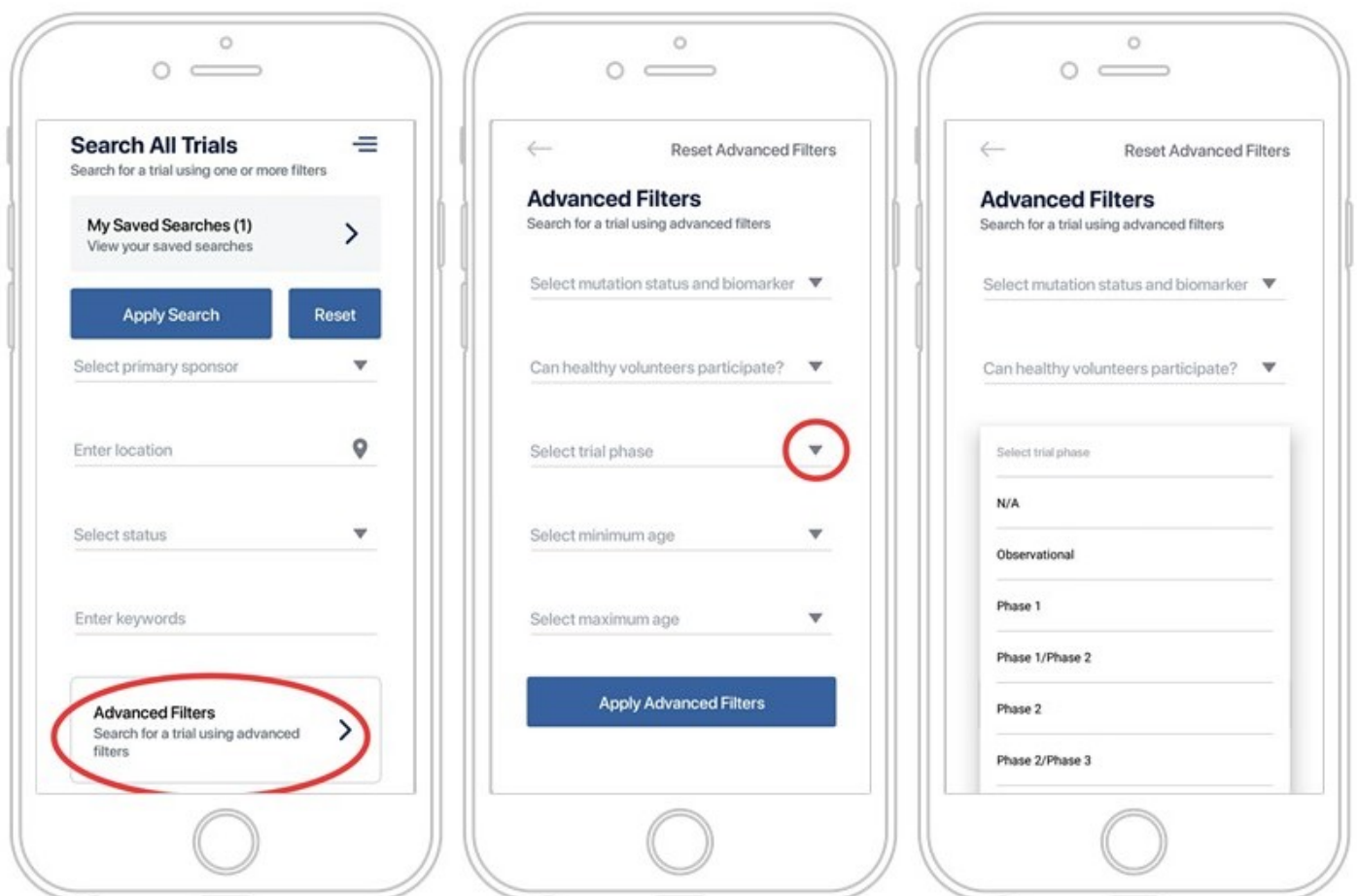
Phase 1 trials investigate new interventions in small groups of people (e.g. 20-80) They are often referred to as first in human studies and aim to identify a safe dose range and side effects of new treatments and interventions.

Phase 2 trials aim to determine if new interventions are efficacious (if the treatment works as intended) and to further determine safety. These trials are performed in larger groups of people usually several hundred people.

Phase 3 trials compare new treatments and interventions with other standard of care treatments or experimental interventions. Phase III studies continue to monitor adverse effects and data that will allow the treatment/intervention to be used safely. Phase 3 trials may involve several hundred to several thousand people.

Phase 4 trials are conducted after a treatment/intervention has been marketed. Phase 4 trials monitor the effectiveness of an approved intervention in the general population and continue to collect information about adverse side effects over longer periods of time. They may also be used to investigate use of an approved treatment or intervention for a different condition or in combination with other therapies.

Start your search by following the steps in the diagrams below.

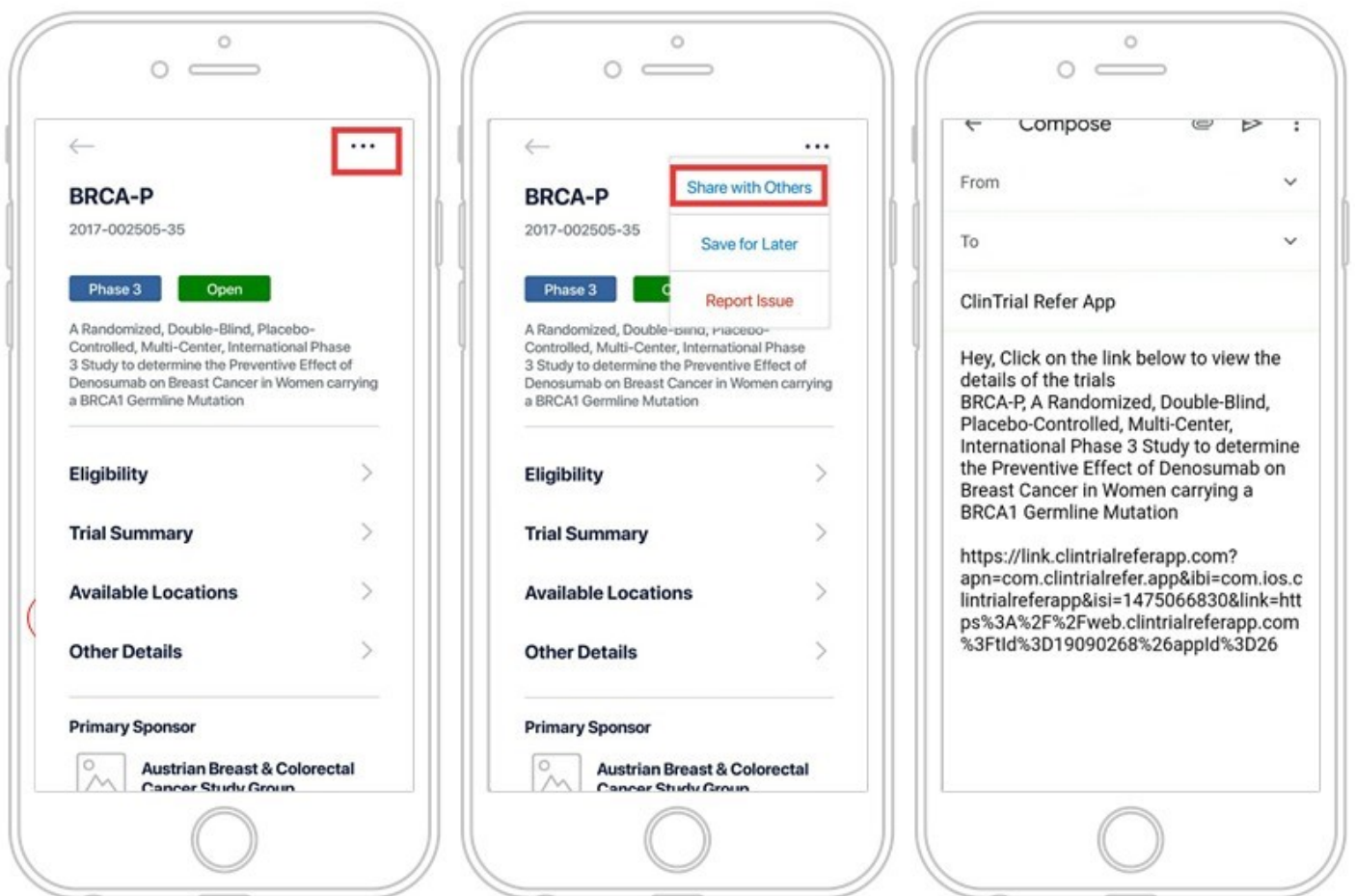


Pass it on

Did you know, the ClinTrial Refer app has a 'Share' feature that allows you to share trials with others?

To share a trial, follow these steps:

1. Open the trial of interest in your ClinTrial Refer app.
2. Click on the menu icon on the top right corner.
3. A drop-down menu will appear. Select 'Share with Others'.
4. You can share the trial via social media and email.
5. Links can be opened and viewed within the app on a mobile device.



Would you like to be an inspiration for someone?

Share your story if you have taken part in a clinical trial or supported someone through a

trial. Your stories and thoughts are important to us and can be a great encouragement to others. If you'd like to share a clinical trial story please email us at raheela@clintrialreferapp.com. We'd love to hear from you.



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