



September Newsletter 2022

ACTA Workshop - Improved recruitment to clinical trials

Exploring Technologies to Improve Recruitment Workshop

Virtual workshop:
Friday 21 October 2022,
2:00 - 4:30 pm AEDT

Registration link:
<https://events.humanitix.com/exploring-technologies-to-improve-recruitment-workshop>

Australian Clinical Trials Alliance

Recruitment targets and timelines are often not met by clinical trial sites in Australia. Whilst there are many innovative technologies available to improve recruitment efficiency, there is a need to better implement these technologies into the organisational structure of healthcare systems. To address this need ACTA will be delivering an online workshop on Friday the 21st of October, with two-panel sessions including renowned clinical researchers and technology experts in the field. Come along to learn how these innovative technologies can be used to support faster recruitment into clinical trials.

Please find a link to register for ACTA's workshop on exploring technologies for recruitment, which will involve two one-hour panel discussions, moderated by Prof Nik Zeps. Panelists include Ms Christine Zahren (ClinTrialRefer), Prof Bruce Neal (The George Institute), Dr Brendan Smyth (St George Hospital & NHMRC Clinical Trials Centre, Prof

Yun-Hee Jeon (StepUp Dementia), Dr Helen Kavnoudias (Monash University), Prof Jason Pole (University of Queensland) and Prof Peter Gibbs (VCCC). Please stay tuned for the announcement of consumer panelists. Register [here](#).

ClinTrial Refer Supporters- Lymphoma Australia



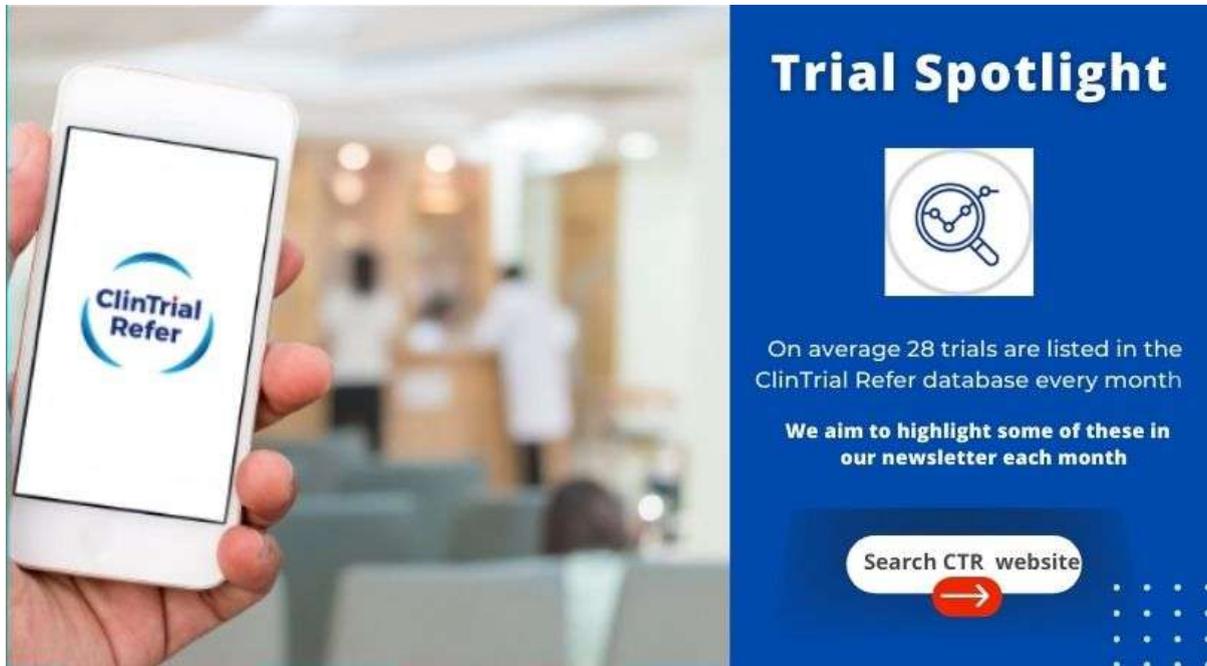
ClinTrial Refer supporters play a vital role in communicating ClinTrial Refer as a valuable resource to access current clinical trials. We'd like to acknowledge and thank Lymphoma Australia for their support in helping raise awareness of ClinTrial Refer as a valuable tool to connect to clinical trial options.

Lymphoma Australia is the only incorporated charity in Australia dedicated to solely providing education, support, awareness and advocacy initiatives for Australians touched by lymphoma and chronic lymphocytic leukemia (CLL).

September is Lymphoma Awareness Month. Up to 7,400 Australians will be diagnosed with lymphoma this year, which equates to 20 people per day.

Help Lymphoma Australia fund a new lymphoma care nurse to make sure no one faces lymphoma alone. Visit fundanurse.org.au. or click [here](#) to learn more about helping raise awareness.

Trial Spotlight



REDDS2

What is the REDDS2 Study?

The REDDS2 study is a feasibility study that is evaluating red blood cell (RBC) transfusion schedules in patients with transfusion-dependent myelodysplastic syndromes (MDS). It is a two part study:

- The first part of the study is to assess the feasibility of a weekly RBC transfusion schedule compared to standard of care transfusion practise that is typically 3-4 weeks.
- The second part is a qualitative study to explore the experiences of patients and staff members with the new transfusion schedule.

What will the REDDS2 Study look at?

The purpose of this small study is to find out if giving blood transfusions at weekly intervals using matched blood will work and is safe. The results may also give us information on whether weekly transfusions improve a patient's general well-being, physical function or quality of life.

What does taking part mean for me?

If you join the study, your doctor will take notes about your type of MDS, your medical history and they will check your recent blood results.

In part 1 of the study, your doctor will compare your usual transfusion schedule (called **Arm A**) with a weekly transfusion schedule (called **Arm B**). Both of these schedules will be personalised to your individual requirements, as we recognise every patient with MDS is different and has different transfusion needs.

All participants will receive both treatment arms. We will randomly start participants in either Arm A or Arm B. After 6 weeks, you will switch to the other arm.

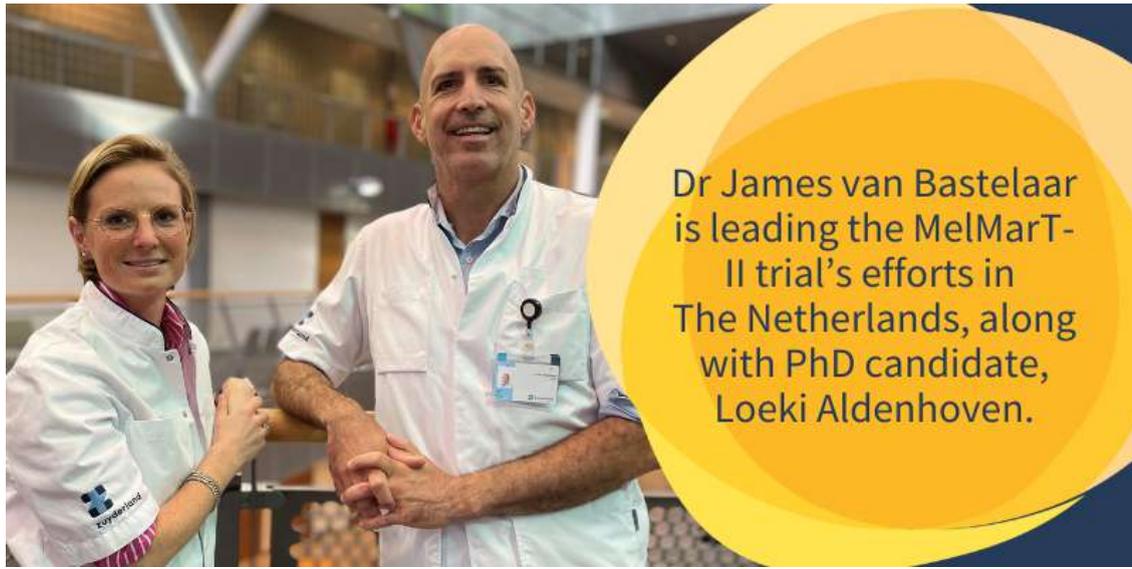
You will also be asked to do a six-minute walk test, which involves a research nurse or doctor checking how far you can walk on flat ground for six minutes, and a handgrip strength test, which involves checking how strong your handgrip is. You will also be given a wrist-worn device during the trial, to measure your physical activity.

Part 2 of the project is an optional 30 to 45 minute interview to discuss and explore your experiences with the different transfusion schedules.

Can I take part in this study?

There are other criteria that you will need to meet to qualify for the REDDS2 Study; the study team will discuss these with you. [Click here](#) to find our participating sites or visit our website for more information, www.monash.edu/medicine/redds2

Melanoma trial to determine optimal excision margin



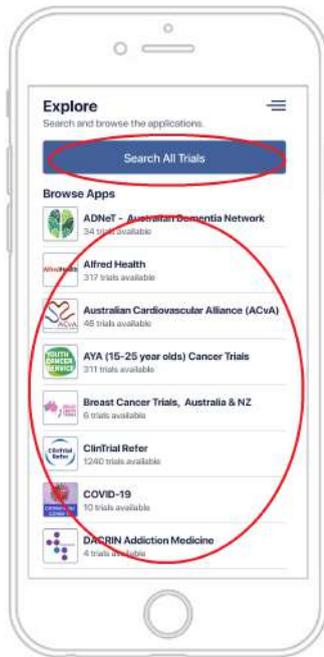
Dr James van Bastelaar is leading the MelMarT-II trial's efforts in The Netherlands, along with PhD candidate, Loeki Aldenhoven.

Australia and The Netherlands have an alarming statistic in common – melanoma is in their top five most diagnosed cancers. 7,500 Dutch and 13,000 Australians are diagnosed with melanoma each year, and most of these people require surgery to remove the cancer. Despite melanoma excision surgery being regularly performed in these two countries, they each have different guidelines for the operation. Now clinical teams from both countries are contributing to an international surgical trial, 'MelMarT-II' to determine the optimal excision margin for patients.

Visit the [ClinTrial Refer website](#) to learn more about this trial.

ClinTrial Refer App Features- Search Options

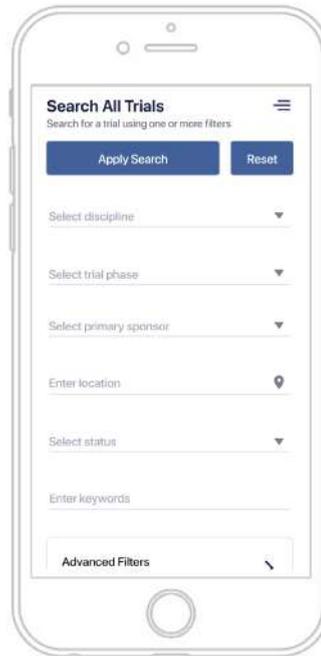
Did you know there are two options for searching in the ClinTrial Refer platform? You can go to '**Search All Trials**' and use the filter menu to create a search to find relevant trials in the ClinTrial Refer database, or you can go to '**Browse Apps**' to find trials being run by a specific clinical trial service provider. In each of the Branded Derivative Apps you can scroll to see a list of all trials being run by the service provider but there is also the option to create a search using filters within each App. If you have any questions please feel free to contact us at admin@clintrialreferapp.com



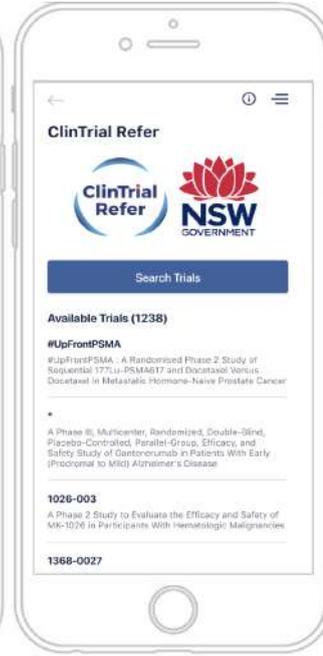
Option 1:
Search All Trials

Option 2:
Search within a
derivative app

To search for trials, you can either:
1. Search from amongst all trials in the ClinTrial Refer database, or
2. Search from the trials listed by your preferred clinical trial service provider.



Option 1:
Searching All Trials will take you to the search menu, and you will be required to set some filters.



Option 2:
Searching from within a branded derivative app will either allow you to scroll down through their trials, or to add extra filters to search for more specific trials.

Do you have something to share?

Share your story if you have taken part in a clinical trial or supported someone through a trial. Your stories and thoughts are important to us and can be a great encouragement to others. If you'd like to share a clinical trial story please email us at admin@clintrialreferapp.com. We'd love to hear from you.





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