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## July Newsletter 2023

### Congratulations and Farewell Megan Kaladelfos



As some of you may already be aware our treasured Customer Support and Database Manager, Megan Kaladelfos, had a beautiful baby girl, Sofia, on the 27<sup>th</sup> June. We send our warmest and best wishes to Megan and family on the arrival of their new bundle of joy. Megan has made the difficult decision to resign from her role with ClinTrial Refer in order to concentrate on the important role of motherhood. Megan has been a fabulous support to the ClinTrial Refer community taking care of requests great and small. We will miss Megan, as I know many of you will, but we sincerely wish her all the best during this important and special time in her life.

*"It has been an honour to be a part of this exciting venture, and to participate in the growth of a tool that has helped so many people over the years. ClinTrial Refer has come such a long way over the past 4 years and I am proud of the strong support network which has made it all possible. It has been a pleasure working with all the wonderful clinicians and research staff who work tirelessly to improve the lives of their patients.*

*I wish everyone the best, and look forward to following ClinTrial Refer's continued growth and success in the future." - Megan Kaladelfos.*

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## Meet Our App Managers



**(Above) Melanie Pierre Louis, ADNeT**

ClinTrial Refer App Managers are the key to making current clinical trials more open and accessible. They work behind the scenes to ensure clinicians, patients and carers have access to current clinical trial information that might be relevant to them.

We think it's important that you know who these amazing individuals are and so we are introducing you to each of them by featuring a Q&A with one App manager each month in our newsletter.

This month we introduce you to the wonderful Melanie Pierre Louis from ADNeT.

### **Tell us about ADNeT**

The Australian Dementia Network (ADNeT) brings together Australia's leading researchers, clinicians, people living with dementia and their families to create a powerful network for dementia prevention, treatment, and care. ADNeT is the biggest single NHMRC grant on dementia comprising 17 partner institutions with the University of Melbourne as lead administering institution. We are also funded by philanthropic donors – Yulgilbar Foundation and Equity Trustees.

In the short 4 years of ADNeT, we have established Australia's first Clinical Quality Registry (CQR) on dementia, launched memory clinics' national quality guidelines and service maps, enabled access to new diagnostic scans and blood tests, and boosted clinical dementia trials in Australia. The collaborative work of ADNeT is the foundation to better and more equitable dementia prevention, diagnosis, treatment, care and cure. We collaborate with Dementia Australia on public involvement and support Early Mid- Career Researchers and Younger-Onset Dementia Special Interest Groups.

**Tell us a little bit about yourself and your role in addition to managing the App**

I joined the ADNeT Central Governance Team in 2019 as Program Officer. I am responsible for supporting the overall program coordination and reporting, budget monitoring, and day to day office functions to ensure that the ADNeT program deliverables are achieved.

I manage ADNeT's ClinTrial refer app on dementia. I make sure that the trials on the app are up to date, address any queries or issues and prepare reports on app utilisation, as required.

**Why do you think Clinical trials are important?**

Clinical trials are vital for drug development and non-drug interventions. Without any breakthrough on therapy, dementia prevalence will continue to increase. ADNeT has been successful in bringing international trials to Australia. We do our part to accelerate development of effective therapies to prevent or treat dementia and provide more Australians access to the latest potential therapies through participation in trials.

**If you could wave a magic wand and change one thing in clinical trials what would it be?**

Dementia is the leading cause of death in Australian women and the second leading cause of disease burden in people over the age of 65 years. If I could wave a magic wand today, I would like faster enrolment of participants to clinical trials, ensure safety and efficacy of therapies, and have a mechanism to quickly detect and address any adverse reaction to therapies in trials.

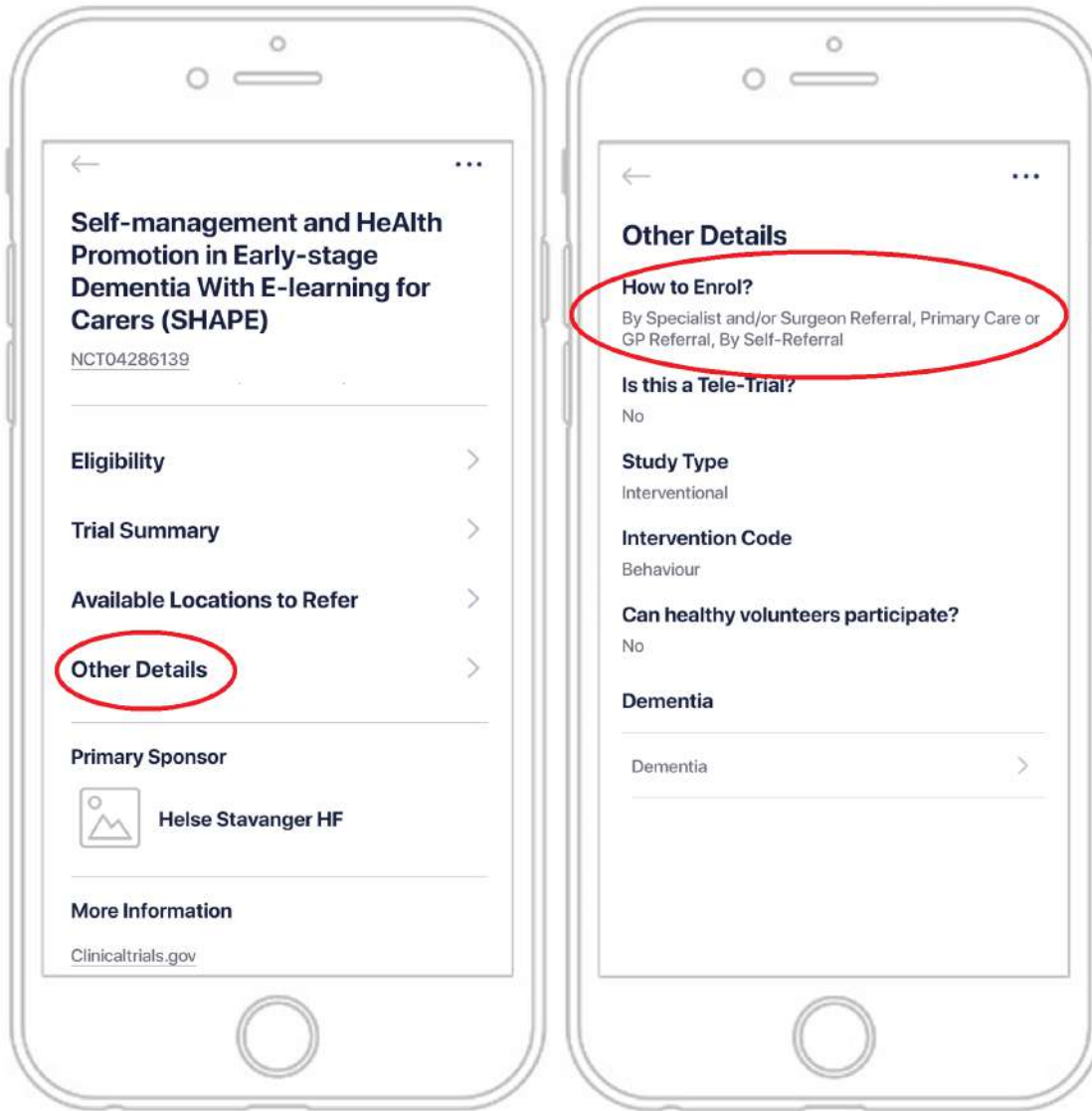
You can search ADNeT trials by visiting the [ClinTrial Refer website](#) or by downloading the App from the Apple App store or Google Play today. It's free!



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## ClinTrial Refer App Features- How to Enrol

If you are unsure about how to enrol for a trial listed in the App follow the instructions below to discover if you require a specialist or GP referral.



Open the trial, and click on "Other Details". This will tell you more about the trial's preferred enrollment methods.

"How to Enrol?" will inform you whether you can self-refer, or whether a GP or Specialist/Surgeon referral is required.

## Trial Spotlight



### Trial Spotlight



On average 28 trials are listed in the ClinTrial Refer database every month

We aim to highlight some of these in our newsletter each month

Search CTR website 

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## Do you have something to share?

Share your story if you have taken part in a clinical trial or supported someone through a trial. Your stories and thoughts are important to us and can be a great encouragement to others. If you'd like to share a clinical trial story please email us at [admin@clintrialreferapp.com](mailto:admin@clintrialreferapp.com). We'd love to hear from you.





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