



## November Newsletter 2023

### Sydney Pain Management Centre Joins ClinTrial Refer



ClinTrial Refer is very excited to announce Sydney Pain Management Centre (SPMC) and the Sydney Pain Research Centre (SPRC) as one of our newest members to join the rapidly growing ClinTrial Refer community.

Established in 1981, SPMC is one of Sydney's longest-serving pain clinics, committed to connected, compassionate care. Their multidisciplinary team, including physicians, physiotherapists, psychologists,

geriatricians, exercise physiologists, and occupational therapists, collaborate to offer modern pain solutions for various conditions.

They specialize in acute and chronic pain conditions, catering to individuals across greater Sydney, from Campbelltown, Parramatta, and the Upper North Shore to remote areas like Goulburn, Bathurst, Orange, and the Central Coast. Their involvement in international and local projects reflects their dedication to exploring innovative treatments and therapies. SPMC aim to help patients reclaim their lives, work, and well-being.

Living with pain profoundly impacts every aspect of life. SPMC, understand these challenges, and their dedicated team is committed to helping patients return to work, sleep, and life faster. Their mission is to provide compassionate, comprehensive care that addresses the unique needs of pain patients.

You can connect with their team to explore projects, and discover the people behind the scenes working to impact the lives of those dealing with chronic pain. They are located at Suite 214, 172 Fox Valley Road, Parkway San Clinic, Sydney Adventist Hospital.

Download the ClinTrial Refer App to view SPMC trials or visit the [website](#) to start searching. SPMC have one study listed in the database at present but there are more to follow so watch this space!

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## Meet Our App Managers

ClinTrial Refer App Managers are the key to making current clinical trials more open and accessible. They work behind the scenes to ensure clinicians, patients and carers have access to current clinical trial information that might be relevant to them. We think it's important that you know who these amazing individuals are and so we are introducing you to each of them by featuring a Q&A with them in our newsletter.

This month we introduce you to Ms Yiqian Chen from PASO Medical Frankston, Victoria.

### **Tell us a little bit about yourself/your role in addition to managing the ClinTrial Refer App**

I am a Clinical Trial Assistant with a background as a Biomedical Researcher. In addition to managing the ClinTrial Refer platform, I work closely with the research team, healthcare professionals and patients to ensure the smooth execution of clinical trials by managing trial documentation, coordinating participant recruitment, ensuring supportive experiences of participants throughout the trial, and ensuring compliance with regulatory requirements.

### **Why do you think Clinical trials are important?**

Clinical trials are of paramount importance because they serve as the bridge between scientific research and real-world patient care. From a researcher's viewpoint, clinical trials represent the culmination of years of rigorous scientific inquiry, laboratory studies, and preclinical research. Clinical trials allow researchers to validate their research findings in real-world settings and to enhance their understanding of diseases and the treatment. The invaluable data gained from clinical trials not only informs current research but also guides future studies and therapeutic strategies. From a patient's perspective, participating in a clinical trial can give patients access to innovative approaches that could potentially offer better outcomes than existing options.

Moreover, their willingness to share their experiences and data helps researchers understand

diseases and treatments, which ultimately benefits the entire medical field.

### **If you could wave a magic wand and change one thing in clinical trials what would it be?**

If I could wave a magic wand and change one thing in clinical trials, I would enhance the speed and efficiency of patient recruitment. Too often, recruitment challenges lead to delays in trials and can limit the ability to obtain timely results. Streamlining the process of finding eligible participants and engaging them in trials would not only expedite the pace of research but also make potential life-changing treatments more available to those who need them.

### **What's your favourite thing to do outside of work and making potentially life changing clinical trials more available to people that might need them?**

Outside of work, I enjoy spending time with family, doing yoga and practicing mindfulness through meditation. These activities provide the balance and rejuvenation needed to tackle the challenges and responsibilities of my role in clinical trial management.

Thank you Yiqian! If you want to view trials running at PASO simple download the ClinTrial Refer App or visit the [website](#) to start searching.



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## **Liver Meeting WA**



## WA LIVER MEETING

Pullman Bunker Bay

Margaret River

May 17 & 18, 2024

[www.liver.org.au](http://www.liver.org.au)



ClinTrial Refer Supporter **Liver Foundation** has their **Annual Liver Foundation WA Liver Meeting – May 17 & 18, 2024** in Margaret River.

The meeting is a unique multidisciplinary meeting that happens annually on the West Coast of Australia.

The meeting brings together international hepatologists, liver transplant surgeons, radiologists, immunologists, histopathologists and surgeons and physicians from various other disciplines.

Keynote speakers are internationally renowned in their area of work and come to the meeting to share their latest knowledge and research findings.

Click [here](#) to buy your ticket or register your interest.

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## ACTA International Clinical Trials Symposium 2023



The ACTA International Clinical Trials Symposium is the premier event on the clinical trials calendar, which brings together a broad range of Australian and International experts in the design and conduct of clinical trials, clinical data, healthcare funding, policy and regulation, healthcare service delivery, health information technology and patient advocacy.

Now in its 8th year, including four international conferences, the full jam-packed three-day Symposium will provide a platform for national and international speakers to share global advances in developing self-improving healthcare systems. This year's theme is **Efficiency and Impact: changing the landscape in clinical trials**.

Christine Zahren will be attending from the ClinTrial Refer team so if you are going to the symposium next week and would like to catch up let us know!

Click [here](#) to register  
[Program ACTA 2023](#)

## Trial Spotlight



### Trial Spotlight



On average 28 trials are listed in the ClinTrial Refer database every month

**We aim to highlight some of these in our newsletter each month**

Search CTR website 

**Do you have something to share?**

Share your story if you have taken part in a clinical trial or supported someone through a trial. Your stories and thoughts are important to us and can be a great encouragement to others. If you'd like to share a clinical trial story please email us at [admin@clintrialreferapp.com](mailto:admin@clintrialreferapp.com). We'd love to hear from you.

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