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January Newsletter 2024

Welcome 2024

The ClinTrial Refer team is back in action and looking forward to expanding and welcoming new clients and users to the platform! We have clients from around Australia that will be joining this year and contributing to delivering more trials and options to patients.

We sincerely thank all our current partners and supporters who share in ClinTrial Refers vision of creating more equitable access to current clinical trials. We thank them for their efforts to ensure clinicians and patients have independent, open and on demand access to current clinical trials.

Our mission is to ensure that clinicians and patients are able to find trials when they need them.

Pictured below is a snapshot of just some of the members in the growing ClinTrial Refer community. Contact us if you would like to become part of making clinical trials more accessible to clinicians and patients- e) christine.zahren@health.nsw.gov.au

Thankyou



Meet Our App Managers



Above- Amir Papan, Clinical Research Manager Sydney Pain Management Centre & Sydney Pain Research Centre.

ClinTrial Refer App Managers are the key to making current clinical trials more open and accessible. They work behind the scenes to ensure clinicians, patients and carers have access to current clinical trial information that might be relevant to them.

We think it's important that you know who these amazing individuals are and so we are introducing you to each of them by featuring a Q&A with our App managers.

This month we introduce you to the amazing Amir Papan from Sydney Pain Management & Sydney Pain Research Centre.

Tell us about Sydney Pain Management & Sydney Pain Research Centre.

Established in 1981, SPMC is one of Sydney's longest-serving pain clinics, committed to connected, compassionate care. Their multidisciplinary team, including physicians, physiotherapists, psychologists, geriatricians, exercise physiologists, and occupational therapists, collaborate to offer modern pain solutions for various conditions.

Tell us a little bit about yourself/your role in addition to managing the App.

I currently am the Clinical Research Manager at Sydney Pain Management & Sydney Pain Research Centre. My responsibilities encompass leading research on ARC-connected sensors, collaborating with a diverse team of professionals, and managing site-level clinical trials. I've developed expertise in ethics committee submissions, strategic trial recruitment planning, and protocol adherence.

Beyond my current role, I've served as a Senior Medical Writer for 6 years, focusing on scientific writing. I'm also a proud Professional Member of the American Medical Writers Association. Prior to this, I spent 4 years as a Clinical Research Scientist at CSIRO, where I honed my skills in clinical research, Medical Device, In Vitro Diagnostics and Good Manufacturing Practice. My journey began with a 2-year industry internship in technology commercialization, emphasizing analytical skills. This diverse experience has positioned me at the intersection of science and medicine, and I am grateful for the opportunity to contribute to the field.

Why do you think Clinical trials are important?

Clinical trials are pivotal in advancing medical knowledge and improving patient care, making them a cornerstone in healthcare. As a Clinical Research Manager at Sydney Pain Management & Sydney Pain Research Centre, I've witnessed firsthand the profound impact of clinical trials. These trials are essential for evaluating the safety and efficacy of novel treatments, therapies, and interventions, providing valuable insights into various medical conditions, including pain management.

Through collaborative efforts and diverse projects, we contribute to developing innovative solutions, such as ARC-connected health sensors, that can potentially transform patient outcomes. Clinical trials advance scientific understanding and offer hope to individuals dealing with acute and chronic pain conditions. They enable us to translate research into practical, evidence-based solutions, ultimately improving patients' quality of life. Emphasizing ethical practices and adhering to rigorous protocols, clinical trials are indispensable in shaping the future of medicine. They ensure that healthcare interventions are safe, effective, and tailored to meet the unique needs of diverse patient populations.

If you could wave a magic wand and change one thing in clinical trials what would it be?

If I could wave a magic wand to transform one aspect of clinical trials, I would advocate for a more decentralized and technology-driven approach. In my experience as a Clinical Research Manager at Sydney Pain Management & Sydney Pain Research Centre, I've observed the immense potential for innovation in the clinical trial landscape. Embracing platforms like ClinTrial Refer, which seamlessly connect patients and doctors with relevant trials, exemplifies technology's positive impact on trial accessibility and participation.

Decentralized trials leverage technology for remote monitoring, data collection, and patient engagement. This enhances trials' efficiency and makes participation more convenient for patients, especially those with chronic pain conditions. The integration of connected sensors, as explored in our ARC-connected sensor research, further exemplifies the transformative power of technology in clinical research. By fostering decentralized and technologically-driven trials, we can significantly improve accessibility, patient engagement, and overall effectiveness of clinical research, ultimately advancing medical knowledge and benefiting healthcare globally.

What's your favourite thing to do outside of work and making potentially life changing clinical trials more available to people that might need them?

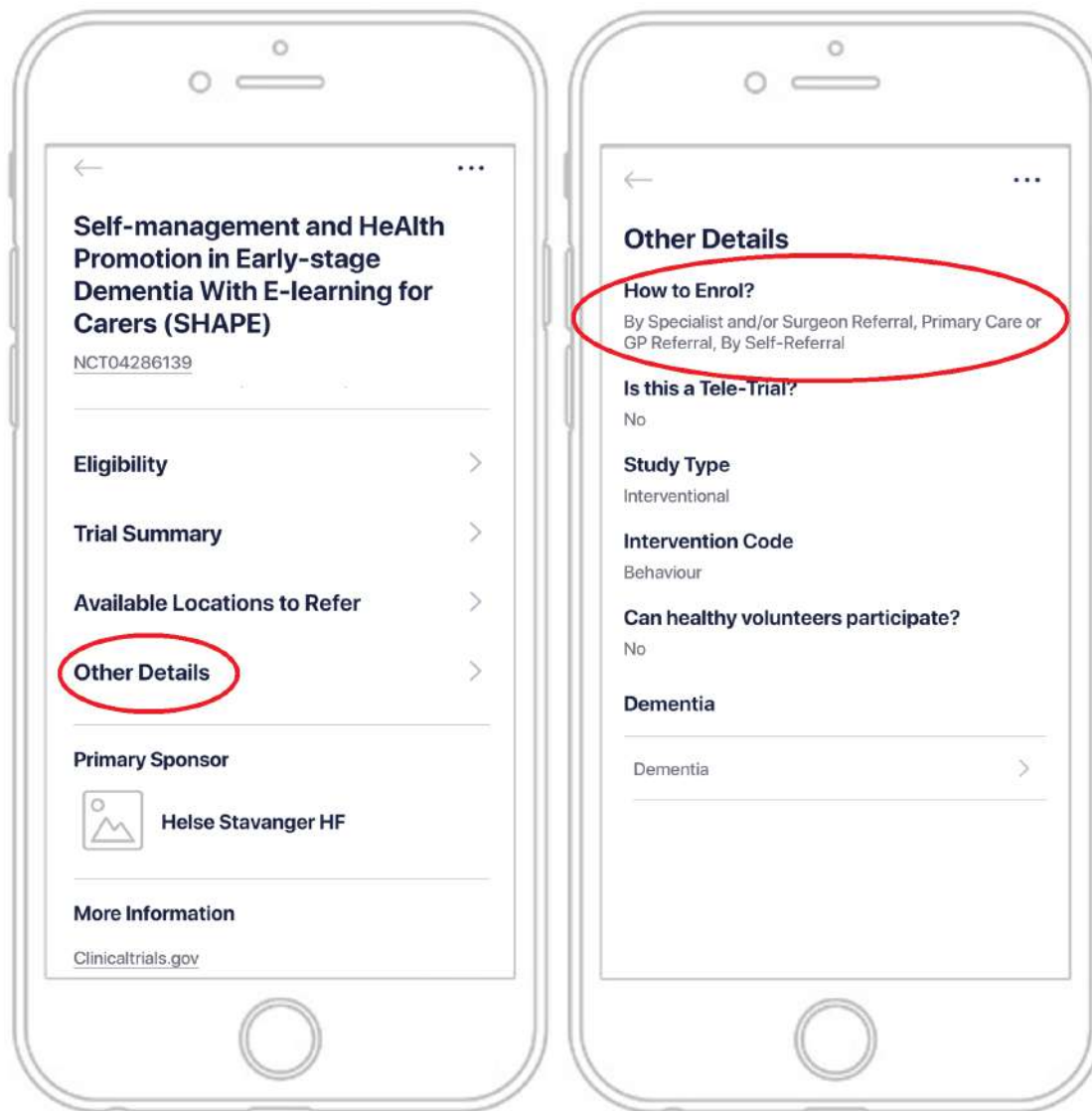
Outside of work and pursuing more accessible clinical trials, my favourite pastime is nature. Whether it's a serene hike or a quiet moment by the water, connecting with the outdoors rejuvenates me. This balance helps me bring renewed energy to my work in bridging science and medicine, ensuring that potentially life-changing clinical trials are not only accessible but also underscored by a holistic understanding of patient needs and well-being.

Download the ClinTrial Refer App or visit the [website](#) to connect with trials at Sydney Pain Management Centre and Sydney Pain Research Centre today!



ClinTrial Refer App Features- How to Enrol

If you are unsure about how to enrol for a trial listed in the App follow the instructions below to discover if you require a specialist or GP referral or if you are able to self-refer.



Open the trial, and click on "Other Details". This will tell you more about the trial's preferred enrollment methods.

"How to Enrol?" will inform you whether you can self-refer, or whether a GP or Specialist/Surgeon referral is required.

Trial Spotlight



Trial Spotlight



On average 28 trials are listed in the ClinTrial Refer database every month

We aim to highlight some of these in our newsletter each month

Search CTR website 

Do you have something to share?

Share your story if you have taken part in a clinical trial or supported someone through a trial. Your stories and thoughts are important to us and can be a great encouragement to others. If you'd like to share a clinical trial story please email us at admin@clintrialreferapp.com. We'd love to hear from you.





ADDRESS

ClinTrial Refer c/o Ground Floor,
W R Pitney Building, St George Hospital,
Gray Street, KOGARAH 2217
Australia

EMAIL

www.clintrialrefer.org.au/
admin@clintrialreferapp.com

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